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Getting on Your Dream Path Coaching Package (Six Sessions)

Are you launching a new business path, area of personal development, or leadership focus?

As time goes on, do you find yourself still doing the same thing without clear motivation? Like a train needs to shift from one track to another to head towards a new destination, this feeling might be a good indicator that it’s time to explore changes in your life.

This package can help you discover what career, ministry, or personal wellness path fully aligns with your values or strengths and how to make changes to get to a place of more fully living that design.

**Bonus resources:** Your choice of Career Anchors Assessment or Strengths Finder/Strengths Based Leadership Assessment included. Career Anchors is designed to help identify your personal set of motives, values, and career competence. The Strengths Finder will identify your top 5 strengths and strategies for leveraging those strengths.

Throughout these six coaching sessions, you will have the opportunity to

- Walk with greater confidence and focus as you develop plans for your leadership, business, or personal development
- Identify your core values, strengths, and career anchors
- Create a dream path action plan that fully honors your design
Launching Your Dream Coaching Package (6 Sessions)

Have you taken a few initial risks and brave steps to pursue what you love and are now ready to introduce your dream to the world?

Now what? How do you get your dream out there—marketing to your ideal clients, establishing your ministry, or fully living out the life goals you’ve envisioned?

In this set of 6 coaching sessions, you will engage with a creative space, tools, and powerful questions to help you explore and respond to the obstacles that stand between you and the launch of your dream. Find yourself unleashed and gaining momentum as you take ownership of the business or ministry blueprints or other area of life development you’ve imagined.

**Bonus resources:** This package includes a bonus business, ministry, and life planning workbook that is customizable for your situation, questions, and goals and will enable you to:

- ✓ Create a thorough vision plan for your business or ministry venture
- ✓ Evaluate your target population’s capacities and needs
- ✓ Plan to overcome the roadblocks ahead
- ✓ Access the people and information you will need to effectively launch your dream
Sustaining Your Dream Coaching Package (Six Sessions)

Have you been living your dream calling but feel something is missing? Or, do you suspect that an area of your personal or professional world needs revisiting and realignment?

This is an excellent package for those of you who desire to strengthen boundaries, self-care, and/or the systems that keep your business or ministry healthy and growing.

Based on your focus and desires as a client, this package will include a variety of tools for increasing your holistic wellbeing and the sustainability of your leadership in business or ministry.

**Bonus resources:** Strengths Finder and Boundaries Quiz. The Strengths Finder will identify your top 5 strengths and tips for leveraging those strengths. The Boundaries Quiz was developed by boundaries expert Henry Cloud and can help you identify areas where you can grow in personal empowerment, clear communication, and alignment with your values in relationships.

Throughout these six coaching sessions, you will have the opportunity to:

- ✓ Explore risks and self-limitations
- ✓ Identify old expectations that may hold you back from development
- ✓ Rediscover your core motivations and priorities
- ✓ Move from clutter to simplicity, focus, and a fresh creative space to nurture your passions
Create Your Own Coaching Package (Six Sessions)

Are you interested in a combination of the coaching packages above? Or, maybe none of these feel quite right for you? That’s okay! I will work with you to design a custom coaching package that’s tailored to your stage of life and desires for growth. During a 30-minute discovery conversation with me, you can explore what possibilities are right for you. You can choose from any of the elements above or suggest your own entirely.

**Bonus resource option:** Please choose a bonus resource, such as those listed in the packages above, one you know of, or one you and I identify as we discuss the nature of your goals.

I can’t wait to partner with you as you pursue and achieve your goals!

**Coaching Rates**

Standard Rate for 6-Session Coaching Package: $450  
(60-minute coaching sessions)